



FIRST NAME _____ MIDDLE NAME _____ LAST NAME _____
NICK NAME _____ EMAIL _____
DATE OF BIRTH _____ SSN (**REQUIRED** for insurance purposes) _____ GENDER: F / M
HOME PHONE _____ CELL PHONE _____ MARITAL STATUS S / M / D / W
PHYSICAL HOME ADDRESS _____
CITY _____ STATE _____ ZIP _____
BILLING ADDRESS _____
CITY _____ STATE _____ ZIP _____
EMERGENCY CONTACT _____ RELATIONSHIP _____
EMERGENCY CONTACT NUMBER _____
REFERRED BY _____ PRIMARY CARE PROVIDER _____
HOW DID YOU HEAR ABOUT US _____

IS THIS A WORK INJURY? _____ AUTO ACCIDENT? _____ DATE OF INJURY _____
CASE MANAGER (IF APPLICABLE) _____ CLAIM NUMBER _____
ADJUSTER'S NAME _____ ADJUSTER'S PHONE NUMBER _____
ADDRESS: _____

PRIMARY INSURANCE COMPANY _____
SUBSCRIBER / EMPLOYER / RESPONSIBLE PARTY _____
INSURANCE ADDRESS _____
SUBSCRIBER/MEMBER ID # _____ GROUP # _____
SUBSCRIBER/MEMBER DATE OF BIRTH: _____ ELIGIBILITY DATES: FROM _____ TO _____
SECONDARY INSURANCE COMPANY _____
SUBSCRIBER / EMPLOYER / RESPONSIBLE PARTY _____
INSURANCE ADDRESS _____
SUBSCRIBER/MEMBER# (ID #) _____ GROUP # _____
SUBSCRIBER/MEMBER DATE OF BIRTH: _____ ELIGIBILITY DATES: FROM _____ TO _____

EMPLOYER _____ **OCCUPATION** _____
WORK ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____
WORK PHONE _____ START DATE _____ END DATE _____

Patients Signature: _____ Date _____

ARCTIC SPINE FINANCIAL POLICY

- We are an out-of-network provider and because there is no in-network neurosurgeon in the state of Alaska, your plan can process your claims with us at an in-network benefit level. For most plans, this means you will be covered at 80/20 instead of 60/40, and your deductible, coinsurance and out-of-pocket maximum will all contribute to your in-network benefits. Please enquire with your plan’s Customer Service department about this ‘out-of-network exception’ or ‘benefit level exception’. Once this exception is approved, benefits for covered services will be provided at the in-network benefit level. You will still be responsible for amounts applied towards your calendar year deductible, copays, co-insurance and may be billed for amounts that exceed the benefit maximums, amounts above the allowable charges and charges for non-covered services. (____ initial)
- We bill your insurance company for services rendered as a courtesy to you. Payment of your claim is based on your eligibility and benefits at the time services are rendered. Insurance coverage is not a guarantee of payment. (____ initial)
- We ask that you become actively engaged in your plan’s payment process. You are responsible for monitoring the processes of your insurance company to ensure your claim is processed in a timely manner. You are responsible for contacting them if you have questions regarding how your claim was processed. (____ initial)
- We bill you directly once your insurance company has responded to us. You will be billed for any balance that your health plan applies as ‘patient responsibility’. We ask that payment be made in full immediately to our office. We accept cash, checks and all major credit cards for your convenience. Checks should be issued to ‘Arctic Spine’. (____ initial)
- If you have a balance on your account, are under financial hardship and need to make payment arrangements, please contact our office immediately to do so. We require consistent monthly payments in order to participate. If your statement is more than 120 days overdue and you have not made any payment, your account will be considered delinquent and may be turned over to collections without warning. Please maintain a current address and telephone number with our office in order to avoid collection actions. Remember, we are willing to work with you to establish a payment plan. (____ initial)
- Payment *in full* at the time of service is required in the following circumstances:
 - You do not have insurance coverage
 - You have not brought your insurance card(s) with you
 - You have not met your deductible (____ initial)
- **If you have Auto Insurance:** We will bill the FIRST PARTY coverage only. We do not accept THIRD PARTY coverage. Please provide us with the name of your auto insurance company, address, phone number, claim number and date of accident. If you have an attorney working on your case, this does not constitute us waiting for payment on your settlement. If the medical benefits of your policy have been exhausted, you will ultimately be responsible for the fees of all services rendered. (____ initial)
- **If you are under Worker’s Compensation:** It is your responsibility to supply Arctic Spine with the name of the insurance company, the date of injury, the insurance company’s mailing address, insurance company’s phone number, your adjuster’s name and your claim number. Without this information we will be unable to file your visit/claim with the insurance company. If your Worker’s Compensation claim becomes controverted, you will ultimately be responsible for the fees of all services rendered. (____ initial)

I understand and agree to the above conditions. I understand that if my insurance does not cover my bill, I will ultimately be responsible and if I fail to make payments as arranged I will be subject to collection activity, in which I am responsible for any and all collection agency expenses/fees and/or full actual and reasonable attorney fees incurred, and any legal costs incurred. I understand that I am also subject to interest on delinquent amounts at a rate of the lower of 10.5% annually, or the highest rate permissible by law.

Patient’s Signature: _____ **Date** _____

ARCTIC SPINE GENERAL POLICIES

- We do not fill out disability forms that require an extensive capacity evaluation. If you require these to be filled out, please ask your Primary Care Provider or Pain Management Physician. Alternatively, we can refer you to a Physical Therapist who can perform a Functional Capacity Evaluation (FCE) and complete these forms for you (_____ initial)
- If you are undergoing surgery, we can grant you an off-work note for up to 30 days after your surgery date. If you feel you need to be extended off-work after 30 days, we can grant you part-time work status within 30-45 days after your surgery date. Any further extended times off-work after 45 days of your surgery date will not be granted by our office. If you feel that you cannot work after 45 days post-surgery, we can refer you to a Physical Therapist to perform a Functional Capacity Evaluation (FCE) to assess your working ability. (_____ initial)
- If you are undergoing surgery, we will require your MRI disc as it will be used intraoperatively. If you require a separate copy of any radiology discs after providing these to us, you can easily obtain them directly from your radiologist / Imaging Center. (_____ initial)

ARCTIC SPINE HIPAA DISCLOSURE

Arctic Spine, LLC is committed to keep all information about you and your care private. We may use medical information about you to help with and coordinate your treatment with other doctors, nurses, therapists or other medical personnel.

If there are any health care professionals that you **DO NOT** allow us to release information to, please list:

To contact you with appointment, lab or test information we may need to call you by phone. If you are not available, please indicate whether we can leave appointment and lab or test results:

1. On your answering machine or voice mail? (circle one) YES NO
2. With a person who answers your phone? (circle one) YES NO

Please list anyone we are **ALLOWED** to release medical records to, please list name and relationship:

Is there anyone who might answer the phone that we **SHOULD NOT** leave this information with, please list:

We may be required to disclose medical information about you to insurance companies when required for payment or reimbursement for services. You have a right to inspect, read or obtain a copy or limit the distribution of your medical record.

If you have any questions about your medical record or privacy, you may read a more detailed description, available on request.

Please sign to show you understand the above:

Patient's Signature: _____ **Date** _____

REVIEW OF SYMPTOMS

(PLEASE CIRCLE ANY SYMPTOMS YOU HAVE HAD RECENTLY)

CONSTITUTIONAL

Fevers/chills/sweats

Fatigue

Weight Gain/Loss

EYES

Blurred/Double Vision

Vision Loss

Change in Vision

EARS/NOSE/MOUTH THROAT

Hearing Loss/Ringing in ears

Sore Throat/Congestion

PSYCHIATRIC

Anxiety

Depression

Insomnia

GASTROINTESTINAL

Nausea/vomiting/heartburn

Diarrhea/Constipation

Blood in Stool

GENITOURINARY

Frequent/Urgent Urination

Incontinence

Burning

Sexual Dysfunction

SKIN

Itch/Rash

NEUROLOGICAL

Headaches

Dizziness

Confusion/Memory Loss

Seizures

Weakness

Numbness/Tingling

Balance Problems

Difficulty Walking

MUSCULOSKELETAL

Neck/Back Pain

Joint Pain/Swelling

Use of Cane/Walker

CARDIOVASCULAR

Chest Pain

Palpitations

Swelling of Feet/Ankles

RESPIRATORY

Cough

Wheeze

Shortness of breath

ENDOCRINE

Change in Hat/Glove Size

Heat/Cold Intolerance

Excessive Hunger/Thirst

FAMILY HISTORY (state member of family)

X – SELF / F – FATHER / M – MOTHER / B – BROTHER / S – SISTER

GF – GRANDFATHER / GM – GRANDMOTHER

High Blood Pressure _____

Arthritis _____

Emphysema _____

Anxiety _____

Ulcer _____

Diabetes _____

Kidney Problems _____

Hepatitis _____

Osteoporosis _____

HIV/AIDS _____

Heart Disease _____

Blood Clots _____

Asthma _____

High Cholesterol _____

Acid Reflux _____

Hypothyroidism _____

Depression _____

Bleeding Disorder _____

Cancer _____

Enlarged Prostate _____

Stroke _____

Other _____

Cirrhosis _____

Drug Allergies & Reaction(s)

Current Medication(s)

PREFERRED PHARMACY:

Have you ever had one of the following conditions? Yes / No

Myocardial Infraction (heart attack) / Pulmonary Embolism / Deep Vein Thrombosis / Other Strokes

If yes, please state when: _____

SOCIAL HISTORY Highest Level of Education _____ Occupation _____

Tobacco Use: Y / N Packs per day _____ How many years _____ Date quit _____

Alcohol Use: Y / N Drinks per week _____ Drug or Substance use? Y / N

Patient's Signature: _____ **Date** _____



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Board Certified Neurosurgeon

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PATIENT'S NAME: _____ DATE: _____

DOB: _____ AGE: _____ REASON FOR TODAY'S VISIT: _____

REFERRING PROVIDER: _____

Please draw on the human figures where and what your symptoms are, according to the following key below:

| Burning | Numbness/Tingling | Stabbing | Pins & Needles | Ache | Weakness |
|---------|-------------------|----------|----------------|-------|----------|
| XXXXXXX | OOOOOOO | /////// | ***** | ##### | +++++++ |

Date of first occurrence/onset of symptoms: _____

Previous surgeries pertaining to body part: _____

Have you had conservative therapy?

Y/N Injections

If yes, when? _____

Which clinic? _____

Y/N Chiropractic

If yes, when? _____

Which clinic? _____

Y/N Physical Therapy

If yes, when? _____

Which clinic? _____

Y/N Massage therapy

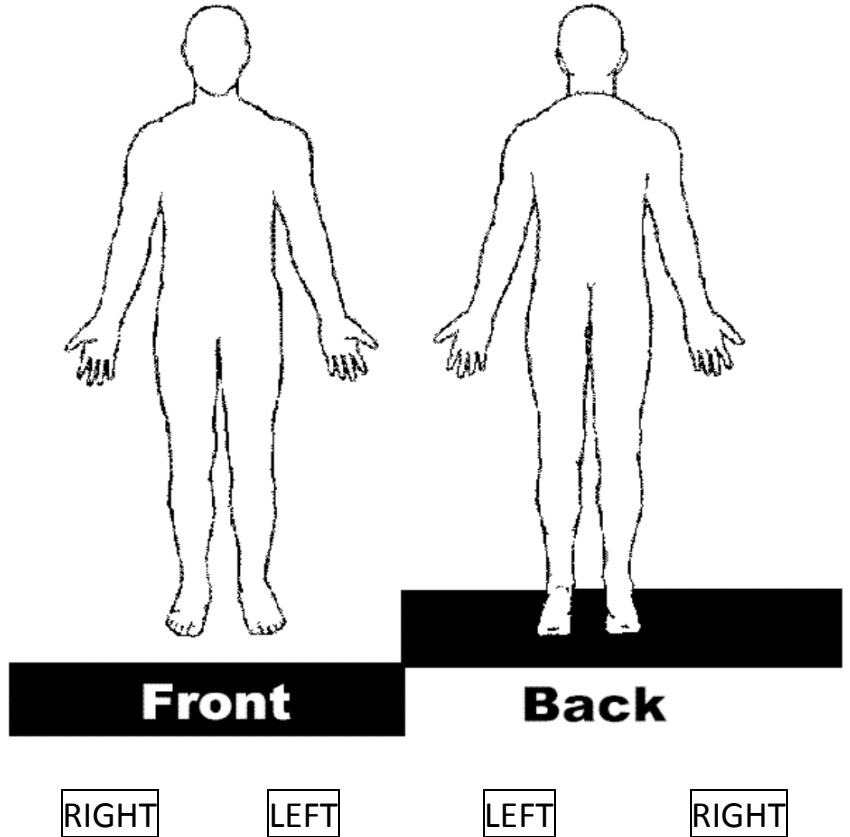
If yes, when? _____

Which clinic? _____

Y/N Acupuncture

If yes, when? _____

Which clinic? _____



FOR OFFICE USE ONLY:

VITAL SIGNS:

Height: _____ Weight: _____ Blood Pressure: _____ Pulse: _____ Temperature: _____

Physician(s) Signature: _____ Date: _____